

# DON'T IGNORE

## The signs

Fever? Headache? Vomiting?

Sleepy?  
Confused?

Stiff neck?

Pale, blotchy skin?

Rash?

Dislike bright lights?

Cold hands  
& feet?

Limb Pain?

## Meningitis

**Meningitis can kill in hours**  
**It could happen to anyone**  
**It could happen to you!**

These are just some of the warning signs. If you are worried for yourself or someone else get medical help immediately. For more information visit [www.meningitis.org](http://www.meningitis.org) or [www.meningitis-trust.org](http://www.meningitis-trust.org)